Indoor Dryside
Active Nation


| List of all Dryside Activities |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Studio Hire (Q's studio 2) | 60mins | N/A |  |  |  | 28.00 | 30.00 | 31.00 | 3.2\% | N/A | 48.00 | 49.50 | 3.0\% |
| Studio hire discount (Q's studio 2) |  | N/A |  |  |  | N/A |  |  |  | 0.00 | 42.00 | 43.50 | 3.4\% |
| Table Tennis | 60mins | 7.40 | 7.60 | 7.80 | 2.6\% | 7.20 | 7.60 | 7.80 | 2.6\% | N/A |  |  |  |
| Tramp and Bounce Party | 60 mins | N/A |  |  |  | 102.40 | 106.00 | 110.00 | 3.6\% | N/A |  |  |  |
| Trampoline Courses | 60 mins | 4.80 | 5.00 | 5.20 | 3.8\% | 4.80 | 5.00 | 5.20 | 3.8\% | N/A |  |  |  |
| Tumble Bugs/Baby | 40mins | 4.00 | 4.10 | 4.30 | 4.7\% | N/A |  |  |  | 4.00 | 4.10 | 4.30 | 4.7\% |
| YFA | session | 2.50 | 2.50 | 2.60 | 3.8\% | 2.50 | 2.50 | 2.60 | 3.8\% | 2.50 | 2.50 | 2.60 | 3.8\% |
| YFA Induction | session | 6.00 | 6.00 | 6.20 | 3.2\% | 6.00 | 6.00 | 6.20 | 3.2\% | 6.00 | 6.00 | 6.20 | 3.2\% |
| Comm/meeting Room Hire | 60mins | N/A |  |  |  | 27.30 | 29.00 | 30.00 | 3.3\% | N/A |  |  |  |
| Active Options | 60 mins | 3.40 | 3.50 | 3.60 | 2.7\% | 3.40 | 3.50 | 3.60 | 2.8\% | 3.40 | 3.50 | 3.60 | 2.8\% |
| Access Football | 60 mins | N/A |  |  |  | NA | 2.50 | 2.60 | 3.8\% | N/A |  |  |  |
| Activity Room Hire | 60mins | 25.00 | 25.00 | 26.00 | 3.8\% | N/A |  |  |  | N/A |  |  |  |
| Zumba |  |  | 5.20 | 5.50 | 5.5\% |  | 5.20 | 5.50 | 5.5\% | New | lass | 5.50 | n/a |
| Zumba - platinum |  | N/A |  |  |  | N/A |  |  |  | New Class |  | 3.00 | n/a |
| Tai Chi |  | N/A |  |  |  | N/A |  |  |  | New Class |  | 5.00 | n/a |
| Tai Chi - platinum |  | N/A |  |  |  | N/A |  |  |  | New Class |  | 2.50 | n/a |
| Yoga | 1 hr | N/A |  |  |  | N/A |  |  |  | 5.00 | 5.20 | 5.50 | 5.5\% |
| *Yoga @ The Quays | 1 hr 45 | N/A |  |  |  | N/A |  |  |  | 7.20 | 7.50 | 7.80 | 3.8\% |
| *Conference Room Hire | 60mins | N/A |  |  |  | N/A |  |  |  | 33.00 | 34.00 | 35.00 | 2.9\% |
| *Conference Room Hire(DISC) | 60mins | N/A |  |  |  | N/A |  |  |  | 26.00 | 27.00 | 28.00 | 3.6\% |
| Core Conditioning | 45 mins | N/A |  |  |  | N/A |  |  |  | 3.50 | 3.60 | 3.80 | 5.3\% |
| Children's yoga |  | N/A |  |  |  | N/A |  |  |  | 3.90 | 4.00 | 4.20 | 4.8\% |
| YFA grad |  | 3.50 | 3.60 | 3.70 | 2.7\% | 3.50 | 3.60 | 3.70 | 2.7\% | 3.50 | 3.60 | 3.70 | 2.7\% |
| Toddle gym |  | N/A |  |  |  | N/A |  |  |  | 3.30 | 3.50 | 3.60 | 2.8\% |


|  | 2010/11 Prices |  |  | 2011/12 Prices |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | DD | Annual | Starter Fee | DD | Annual | Starter Fee |
| Active Options Single Membership | £25.00 | $£ 250.00$ | £20 | £25.00 | £250.00 | £20 |
| Active Options Joint Membership | £46.00 | £460.00 | £20 | $£ 46.00$ | £460.00 | £20 |
| Student Single | £25.00 | £250.00 | £20 | £25.00 | £250.00 | £20 |
| Student Joint | £46.00 | £460.00 | £20 | $£ 46.00$ | £460.00 | £20 |
| Corporate 40+ members | £32.00 | £320.00 | £20 | £32.00 | £320.00 | £20 |
| Corporate 10-40 members | £35.00 | £350.00 | £20 | £35.00 | £350.00 | £20 |
| Platinum Full Single | £37 | £370 | £20 | £37 | £370 | £20 |
| Platinum Full Joint | $£ 70.00$ | $£ 700.00$ | £20 | £70.00 | $£ 700.00$ | £20 |

